

KELLY SIGLER

Horsemanship For Your Journey



Lessons August 20 -21, 2016 Vanceboro, North Carolina



Sign up for a lesson and/or Biomechanics Workshop Today

Location:
Jasmine Meadows Equestrian Center
1005 Maul Swamp Road
Vanceboro, NC 28586

Private: \$85
Semi-Private: \$65 per person
4 hour Workshop: \$110 per person
(at least 4 participants)
Facility fee: \$25
Audit fee: \$25

Contact:
Kathy Cheever
k_cheever@yahoo.com
252 269 9559

KellySigler.com

Jasmine Meadows Equestrian Center has a Coverall Arena. There is a club house and accommodations for overnight stays for both horses and humans. Contact Kathy for details.

Kelly Sigler Patterson competed her super horse George in Eventing through the Intermediate Levels succeeding on the regional, national and international level. In 2003 he was named the Central Texas Preliminary Horse of the Year, and Kelly was named the Preliminary Rider of the Year.

As a former Parelli Natural Horsemanship 3 Star Instructor Kelly is extremely knowledgeable in the philosophy and practical applications of Natural Horsemanship. In 2012 Kelly embarked on an exciting partnership with Colleen Kelly of Rider Biomechanics and the International Society of Rider Biomechanics. Kelly is now head of the Teacher Training Program.

Biomechanics 4-hour Workshop Through Rider Biomechanics you will learn how to achieve a safe and secure riding position. And gain a better understanding of what you are doing in your body, to become a more effective rider. You will learn exercises to help you break old negative patterns.

Rider Biomechanics is not just about movement, but also about why things happen. It makes sure you are sitting in a strong, safe position.