

KELLY SIGLER

Horsemanship For Your Journey



Spook & Survive/Jumping Workshop

September 24, 2016

Toad Hollow Farm, Clover SC



Morning Spook & Survive Workshop begins with discussion by Kelly on why horses spook, and how their spirit level impacts on how they react.

Continuing on the ground, with horses online, a variety of stimuli in the form of scary objects and scenarios will be presented to the horses. From the safety of being on the ground learn how to introduce your horse to these objects and how to build their confidence.

Then encounter additional scary obstacles from the saddle. And learn the basic Natural Horsemanship skills needed if your horse spooks when you are in the saddle. In an Introduction to Rider Biomechanics, Kelly will show you how important it is to ride correctly so you stay in the saddle if your horse does spook!



Afternoon Jumping Workshop will focus on correct biomechanics. Your jumping position so that you are jumping safely and ensuring that you are in a position to help your horse jump safely and correctly.

We will be incorporating exercises to help the rider get better and a series of exercises to improve your horse's jumping so that they are building up their strength and stamina correctly.

Location:
Toad Hollow Farm
Clover, SC

Saturday Sept. 24
Spook & Survive Workshop
9AM - 1PM
Cost: \$140

Jumping Workshop
2PM - 4PM
Cost: \$75

Both Workshops \$200

Sunday Sept. 25 Lessons:
\$65 per hour special
rate if attending workshop
\$85 per hour if only
taking a lesson

Contact:
Linda Plummer
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Sunday Lessons!

Kelly Sigler Horsemanship for Your Journey
International Society of Rider Biomechanics
Instructor